



OHANA Jog-A-Thon Friday, November 15, 2019

8:15 am – 11:30 am

<https://p2p.onecause.com/jogathon>

NEW THIS YEAR!

- Parents, come join your child for the run! Get your steps in! Register below!
- The Ohana Shaved Ice truck will be at the Jog-A-Thon and each participant will receive a shaved ice after the run! (included in the \$30 registration fee)

The Jog-A-Thon is one of our primary fundraisers for the school. Our goal is to raise \$55,000! These much needed funds will go towards further enriching your child's education at The School of the Madeleine by upgrading the computer lab with MacBook desktops and Chromebook carts. Please remember that all donations to the Jog-A-Thon are counted at 50% towards your PSA commitment! School of the Madeleine is a 501(c)3 non-profit organization.

Prizes: (Please note that prizes are based on **PER CHILD** donations)

- Donations of \$100 – You will receive a jean coupon
- Donations of \$250 – You will receive Chick-Fil-A lunch delivered to you at school on Thursday, 11/21/2019
- Donations of \$350- You will receive a SOM long sleeve Dri-Fit T-shirt!
- Donations of \$500 or more – You will be entered in a raffle and **guaranteed** a prize such as: various gift cards; 1 week of Sports Camp; 2 Dodgers tickets; Sea World Passes; Knotts Berry Farm tickets; 4 Padre Tickets; Disneyland Tickets.
- Top Participating Boy/Girl- The top boy and girl with the highest amount of pledge donations will get to **choose** one of the prizes from the list above **prior** to the raffle.
- Top Participating Class - The class with the highest amount of pledge donations will receive an ICE CREAM PARTY!

Mark Your Calendars!

- **Friday, October 25th** Video contest deadline (Information below)
- **Friday, November 1st** T-shirt orders due
- **Wednesday, November 6th** If we raise \$30,000 by 11/5, Hawaiian accessory day!
- **Tue, Wed OR-Thur, 11/12-14** Fundraising Dinner at Sardina's! Homework passes!
- **Thursday, 11/15** Ohana Jog-A-Thon!!
- **Wednesday, 11/20** Final pledge money due
- **Thursday, 11/21** Awards Ceremony, Special Lunch awards

2019-2020 RUNNING SCHEDULE

	RED	GREEN	BLUE	YELLOW
8:15-8:30		P 3	P 4	P 4-2
8:35-8:55	KA	KB	KF	
9:00-9:20	1A	2A	1B	2B
9:25-9:50	3B	3A	4A	4B
10:00-10:15	RECESS	RECESS	RECESS	RECESS
10:20-10:55	5A	6A	5B	6B
11:00-11:25	8A	8B	7A	7B

VIDEO CONTEST!!

- Students are encouraged to create a video promoting the School of the Madeleine's Jog-A-Thon. It can be an individual or a group up to 5 students. The video must include the date, time of the Jog-A-Thon as well as how the money raised will support The School of the Madeleine. The video can be no longer than 1 1/2 minutes long.
- The video must be uploaded "unlisted" to www.youtube.com and the youtube link must be sent to Mimi McGinty – mimiabbate@hotmail.com
- The due date is 10/25/2019.
- The winner will be announced on 10/28/2019. The winning video participant(s) will receive 2 homework passes and 2 jean coupons.
- We want this video to go VIRAL! It will be shared on the SOM Facebook and Twitter Page.

Questions for the Jog-A-Thon Chairs?

Mimi McGinty mimiabbate@hotmail.com

Amy Pabarcus apabarcus@san.rr.com

Patty Roe pattyroe@me.com

THANK YOU TO OUR SPONSORS!



NURSE'S NOTE

The following are some general suggestions for you and your child to consider for the Ohana Jog-A-Thon. Hydrate well starting the day before the event; drink 1 – 2 glasses of fluids the morning of the Jog-A-Thon. Wear layer of clothes, including shorts, sneakers and t-shirts so they can “strip down” to this layer if it is warm out. The School Nurse and the volunteers will be watching the children for signs of overheating, which include:

- Cramps and spasms of the legs and stomach
- Hot, red, dry skin without any sweating
- Rapid pulse
- Headache
- Nausea and vomiting
- Fainting

If a child shows any of these symptoms, the first aid volunteers will assess them. They will receive credit for one lap during this assessment. If a child vomits, even if it may be because they ate too many oranges, or drank too much water, they will be held out from further participation.

If your child has asthma, or related breathing problems and you wish your child to participate, please be sure there is an inhaler in the nurse's office, and a signed note from the doctor in our records.

IF FOR ANY REASON YOU DO NOT WANT YOUR CHILD TO PARTICIPATE IN THE JOG-A-THON.....

If for any reason, you do not wish your child to participate in the jogging/walking portion of the event, please indicate below, sign, and return to your child's classroom. Those students not participating in the Jog-A-Thon will remain at school with a designated staff member or we may include them as helpers or cheerleaders.

My child _____ will not participate in the running/walking portions of Ohana Jog-A-Thon on November 15, 2019.

Parent's signature

REGISTER NOW!

\$30 Flat Fee for Participation, T-Shirt, and Ohana Shaved Ice per child

TWO WAYS TO REGISTER..

1. Register Online! (preferred registration)

Click Here: <https://p2p.onecause.com/jogathon>

2. Register Offline! Print this form, complete and return it to your child's teacher in an envelope marked Jog-A-Thon.

Child Name: _____ Class: _____ Teacher: _____
YXS YS YM YL YXL
AS AM AL AXL AXXL

Child Name: _____ Class: _____ Teacher: _____
YXS YS YM YL YXL
AS AM AL AXL AXXL

Child Name: _____ Class: _____ Teacher: _____
YXS YS YM YL YXL
AS AM AL AXL AXXL

PARENT Name: _____ Class: _____ Teacher: _____
YXS YS YM YL YXL
AS AM AL AXL AXXL

Total Shirts Ordered: _____ x \$30 per shirt Total Amount Paid _____

Please make checks payable to: **School of the Madeleine**

The School of the Madeleine is a 501(c)3 non-profit organization. Tax Identification Number: 27-3859902

